

Resource Family Approval

WISHING EVERYONE AN AMAZING FEBRUARY.

HAPPY BLACK HISTORY MONTH TO EVERYONE.

WE ARE WORKING TOWARDS CLEANING UP OUR ANNUALS/BIENNIALS.

PLEASE REMEMBER IT IS YOUR RESPONSIBILITY TO COMPLETE
ALL TRAINING INCLUDING CPR EVERY TWO YEARS.

IF DOCUMENTS ARE EXPIRING, YOU NEED TO UPLOAD THEM TO THE BINTI SITE.

IF YOU HAVE QUESTIONS OR CONCERNS, REACH OUT TO MYSELF OR WINDY ACOSTA.

RFA Event Dates:

Caregiver Forum: Mental Health First Aid
March 29th, 6:00pm to 8:00pm

May Appreciation Event: May 6th, 2023

Back to School: August 2023

Pumpkin Event: October 2023

RFA Holiday Drive-Thru event: December 2023

*Happy
Valentine's Day*



Annual Reminders

RFA Annual Requirements:

- Current ID's
- Current insurance documents
- Current car registrations
- Updated CPR and first aid certifications



The Resource Parent must complete a minimum of 8 hours of annual training, due every 12 months on their approval anniversary date. Annual Training may include, but is not limited to (per Written Directives 8):

1. Trauma informed care and attachment
2. Core Practice Model
3. Crisis Intervention
4. Behavior Management
5. Supporting children and non-minor dependents in school
6. Effects of drug and alcohol abuse on children and non-minor dependents
7. Effects of domestic violence on children and non-minor dependents
8. Assisting with self-administration of psychotropic medications
9. Emancipation and independent living.

Please ensure all your documents are current in Binti. If you need help uploading the documents, please reach out.



TIPS FOR THE MONTH

Dental Services :

A dental screening/oral assessment is a required part of the CHDP program health assessment. It is not an examination by a dentist, does not substitute for one, and may not include:

- An inspection of the teeth for signs of infection, decay, or painful areas.
- An examination for inflammation of the gums, improper alignment of the teeth, missing teeth, or plaque deposits.

Foster children who are one (1) year of age and older must receive a CHDP program or CHDP program-equivalent dental examination within thirty (30) days of placement.

The dental examination requirement is considered met, however, for a child who has had a dental examination within one (1) year prior to the current placement/replacement, if both of the following have been done:

- The dental examination was a CHDP program or CHDP program equivalent examination that did not reveal apparent dental problems; and
- The Health and Education Passport will be updated with this information.

All foster children must be referred directly to a dentist, as follows:

- Beginning at age one
- At any age if a problem is suspected or detected
- Every six (6) months for maintenance of oral health
- Every three (3) months for children with documented special health care needs when their medical or oral condition can be affected, and for other children at high risk for dental caries (cavities)



California mandated Reporter information and resources, including a free online training, can be found at the mandated reporter website at:

www.mandatedreporterca.com

Children's Dental Health Awareness Month

NATIONAL CHILDREN'S DENTAL HEALTH AWARENESS MONTH IS A MONTH-LONG HEALTH OBSERVANCE TO BRING TOGETHER THOUSANDS OF DEDICATED PROFESSIONALS, HEALTH CARE PROVIDERS, AND EDUCATORS TO PROMOTE THE BENEFITS OF GOOD ORAL HEALTH FOR CHILDREN, THEIR CAREGIVERS AND TEACHERS. THE AMERICAN DENTAL ASSOCIATION (ADA) IS AMERICA'S LEADING ADVOCATE FOR ORAL HEALTH AND PROVIDES RESOURCES TO PARENTS AND CAREGIVERS.



Black History Month is to celebrate the accomplishments and contributions African Americans have made to Society.

How can you Celebrate Black History Month in your home? It is important to remember that the following ideas can be used throughout the year, not just during February.

- **Check Out the California Museum, which is highlighting Black History within its exhibit for the month.**

<https://www.californiamuseum.org/hours-admission-tickets>

- **Study African American culture and recipes-this is a great way to get to know a culture by making and enjoying their food.**
- **Study Influential African Americans based upon your child's own interest- For example, does your child love music? Art? or Reading? whatever it is your child is passionate about, honor black history month by using it as a catalyst to study black culture.**
- **Seek out other local kid-friendly events within your area.**
- **Take a virtual museum tour - if you can't make it out to a museum, look no further than the virtual information hubs found here:**

<https://nmaahc.si.edu/explore/initiatives/black-history-month-2023>



RFA WISHES EVERYONE A HAPPY VALENTINE'S DAY



Make it special for you and your family:

- **Fruit roll-up valentine fortune cookies activity:**

<https://www.simplisticallyliving.com/fruit-roll-up-valentine-fortune-cookies-free-fortune-printables/>

- **Homemade valentine cards that youth can give to parents or friends:**

<https://kidsactivitiesblog.com/11326/home-made-card/>

- **Make mini heart shaped pizzas for dinner for you and your family:**

<https://www.foodiefun.net/mini-heart-pizzas>

Communicate love with your words this Valentine's Day

Here are some simple ways we can show love.

- **No Complaints** – Use the 24-hour period of Valentine's Day to ban complaints. Parents included!
- **Be the first to apologize** – If you have done something hurtful or inconsiderate, take this time to apologize. As a parent, it is often hard to admit when we are wrong; yet, apologizing can bring you closer together!
- **Share the love** – Tell your family members that you love them. It is amazing how important those words are!
- **Do a fun family picnic together** where you all share a meal and be creative together, sharing something positive about each family member.

Fun Facts About February

- OVER TIME, THE LENGTH OF FEBRUARY KEPT CHANGING. AT ONE POINT, IT HAD AS LITTLE AS 23 DAYS.
- IN THE NORTHERN HEMISPHERE, FEBRUARY IS THE THIRD MONTH OF WINTER. MEANWHILE, IN THE SOUTHERN HEMISPHERE, FEBRUARY IS THE LAST MONTH OF SUMMER. BETWEEN THE NORTH AND SOUTH HEMISPHERES, FEBRUARY IS THE EQUIVALENT OF AUGUST.
- OF ALL THE WORDS YOU CAN MISSPELL, FEBRUARY IS ONE OF THE MOST MISSPELLED WORDS IN THE ENGLISH LANGUAGE. EVEN THE WHITE HOUSE HAS MISPRINTED THE WORD "FEBRUARY" BEFORE IN A PRESS RELEASE!
- FEBRUARY IS THE ONLY MONTH WHERE IT'S POSSIBLE TO GO THE ENTIRE TIME WITHOUT HAVING A FULL MOON.
- FEBRUARY HAS BEEN BLACK HISTORY MONTH FOR OVER 40 YEARS.
- THE ODDS OF BEING BORN ON FEBRUARY 29TH ARE ABOUT 1 IN 1,461. THOSE BORN ON A LEAP DAY CAN BE CALLED A "LEAPER" OR "LEAPLING."
- FEBRUARY, MARCH, AND NOVEMBER ALWAYS START ON THE SAME DAY OF THE WEEK UNLESS IT IS A LEAP YEAR.