



JULY 2021 NEWSLETTER

# RESOURCE FAMILY APPROVAL



## UPCOMING IMPORTANT DATES:

- **JULY 21, 2021** CAREGIVER FORUM  
MINOR'S COUNSELING  
PRESENTING (ZOOM LINK WILL BE  
SENT OUT)
- **JULY 24, 2021** CPR CLASS (NEED  
TO RSVP)
- **AUGUST 10-13, 2021** - YOLO  
BIENNIAL REVIEW

## TENTATIVE EVENTS FOR 2021 -

- AUGUST CAREGIVER FORUM
- SEPTEMBER CAREGIVER FORUM
- OCTOBER PUMPKIN EVENT
- NOVEMBER CAREGIVER FORUM
- DECEMBER HOLIDAY EVENT

## RFA SITE REVIEW

The Yolo County Resource Family Approval team will be participating in the Biennial Review in August 2021. We are eager to get recommendations to further enhance our Yolo County RFA program. In addition, we will be gaining knowledge and skills to continue to mainstream the RFA process.





## Strengthening Connections. Families & Communities

*The day in the life of a caregiver...*

*Thank you for being  
selfless, generous, thoughtful and  
making a difference in our Youth's  
lives in the Yola Fostering  
Community.*

*You are all amazing and we could  
not do this without you.*



### Child Discipline Techniques for Foster or Adopted Children

**By: Carrie Craft**

When someone becomes a foster parent or adopts a child, they are often put into a position to manage difficult behaviors. The children in the foster care system have usually endured abuse and neglect and often express their feelings through behavior. Some internationally adopted children may display similar behaviors due to living in an orphanage. Here are a few child discipline ideas that helped numerous foster and adoptive families.

#### *Ways to Discipline Foster Children*

- Redirection
- Ignore the Behavior
- Utilize Love & logic
- Timeout
- Time-In
- Consult a Professional
- Talk with the child about their feelings
- Earning Privileges and losing privileges
- Weekly Family meetings
- Chart Child's behavior
- Combine child Discipline strategies



Working with behaviors is one part of foster or adoptive parenting that is often not very pleasant, but it's probably one of the most important pieces of helping children and families get back on track. If we can help children manage these behaviors and understand why they do the things they do, understand their feelings, and overcome maladaptive coping or survival skills, we are helping them to one day live healthy lives and become productive citizens.

**Please find attached a link to an article on:**

**<https://www.verywellfamily.com/child-discipline-foster-or-adopted-children-27010>**

